



Authorization of Emergency Treatment for Child with Severe Allergies

This form is specific to students with severe food and other allergies. It is to be completed annually by your physician in addition to the school physical exam forms and the permission for medication form.

_____ is allergic to: _____
(Name of student/ Date of birth)

Has this child been taken to an emergency room for allergy management? Y / N If yes, please explain and give date(s):

STEP 1: TREATMENT

If you suspect that an allergen has been taken then immediately determine the symptoms and treat the reaction as follows:

A) Symptoms:

Mouth	Itching, tingling, or swelling of lips, tongue, mouth			Benadryl			EpiPen
Skin	Hives, swelling on face or extremities, itchy rash			Benadryl			EpiPen
Abdomen	Nausea, abdominal cramps, vomiting, diarrhea			Benadryl			EpiPen
Throat	Tightening of throat, hoarseness, hacking cough			Benadryl			EpiPen
Lung	Shortness of breath, repetitive coughing, wheezing,			Benadryl			EpiPen
Heart	Thready pulse, passing out, fainting, paleness, blueness			Benadryl			EpiPen
General	Panic, sudden fatigue, chills, fear of impending doom			Benadryl			EpiPen
If a food allergen has been ingested, but <i>no symptoms are present</i>		x		Benadryl			EpiPen Other
If a reaction is progressing (several of the above areas affected):		x		Benadryl	x		EpiPen

Give Medication marked "X"

B) Medication Doses:

Antihistamine (liquid diphenhydramine, Benadryl™):

Give _____ Teaspoon(s), _____ cc (_____ mg) by mouth.

Epinephrine:

EpiPen™ [Epi-Pen _____ (_____ mg)] injected once into upper outer thigh

Epinephrine injection may need to be repeated if the child's symptoms persist or get worse.

STEP 2: CALLS ** Call 911 **

NEAREST HOSPITAL: _____

State that the child had a severe allergic reaction and additional epinephrine doses may be needed.

Contact information:

Name of parent: _____

Phone (1) _____ Phone (2) _____

Name of parent: _____

Phone (1) _____ Phone (2) _____

Other allergies, medication allergies, medical conditions: _____ Approximate weight: _____ lbs

**DO NOT HESITATE TO ADMINISTER MEDICATION OR TAKE THE CHILD
TO A MEDICAL FACILITY EVEN IF PARENTS CANNOT BE REACHED!**

Name of allergist _____ Phone _____

Name of pediatrician _____ Phone _____

Signature of physician

Date

Signature of parent

Date