

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>No Classes</p>	<p>2</p> <p>Tomato Rice Soup Chicken Shwarma Herb Roasted Potatoes Curried Roasted Vegetables Minted Peas Curry Chicken Salad Basil Hummus</p>	<p>3</p> <p>Mushroom Barley Soup Beef Chili Rice Pilaf Veggie Chili Chipotle Roasted Corn Herb Wheatberry Salad Rice & Dried Fruit Salad</p>	<p>4</p> <p>Cream Of Broccoli Soup Cheese Pizza White Pizza Roasted Cauliflower w/ Garlic Oil Grilled Asparagus Pepper Corn Salad Caesar Salad</p>
<p>7</p> <p>Spicy Corn Soup Cheese Quesadillas Yellow Rice Sautéed Pepper & Onion Roasted Vegetables Black Bean Salad Roasted Pepper Pasta Salad</p>	<p>8</p> <p>Split Pea Soup Herbed Baked Tilapia Israeli Couscous Oven Roasted Corn Garlic Green Beans Sun Dried Tomato Hummus Greek Salad</p>	<p>9</p> <p>Onion Soup Lemon Chicken Oven Roasted Potato Roasted Vegetable Medley Teriyaki Tofu Potato Salad Corn Avocado Salad Quinoa Salad</p>	<p>10</p> <p><i>Taste Of Spain</i> Sopa de Pollo Curry Chicken Lentil Rice Pilaf Roasted Cauliflower Eggplant & Tomato Stew Curried Chicken Salad Avocado Egg Salad</p>	<p>11</p> <p>Oatmeal & Cream of Wheat w/ toppings French Toast Broccoli & Cheese Frittata Scrambled Eggs Home Fries Roasted Cauliflower Greek Salad Tuna Salad</p>
<p>14</p> <p>Potato Soup Baked Mac & Cheese Ratatouille Steamed Peas & Carrots Roasted Broccoli Israeli Couscous Salad Cucumber & Tomato Salad</p>	<p>15</p> <p>Tomato Soup Grilled Cheese Sandwich French Fries Steamed Vegetables Three Bean Chili Caesar Salad Cucumber & Radish Salad</p>	<p>16</p> <p>Mushroom Barley Soup Hamburgers Beef Hot Dogs Veggie Burgers Grilled Onions Baked Beans Southwestern Chicken Salad Cole Slaw</p>	<p>17</p> <p>Minestrone Soup Jerk Chicken Rice Pilaf Garlicy Green Beans Jerked Tofu Curried Chicken Salad Jamaican Garden Salad</p>	<p>18</p> <p><i>Taste of Jewish Tradition</i> Chick Pea Soup Shakshuka Potato Kugel Veggie Cholent Oven Baked Honey Carrots Pita Chips Israeli Salad Tabuli Salad</p>
<p>21</p> <p>No Classes</p>	<p>22</p> <p>Tortellini Soup Fettuccine Alfredo Pasta Primavera w/ Marinara Garlic Bread Roasted Garlic Broccoli Israeli Salad Greek Salad</p>	<p>23</p> <p>Three Bean Soup BBQ Roasted Chicken Roasted Red Bliss Potatoes Roasted Cauliflower Stuffed Portobello Mushrooms Buffalo Chicken Caesar Salad Apple Pomegranate Salad</p>	<p>24</p> <p>Tortilla Soup Beef Tacos Spanish Rice Vegan Taco Corn on the Cob Black Bean & Corn Salad Pico De Gallo</p>	<p>25</p> <p>Oatmeal & Cream of Wheat w/ toppings Pancakes Scrambled Eggs Sweet Potato Hash Roasted Peppers & Squash Garlic Roasted Brussel Sprouts Caesar Salad Edamame Salad</p>
<p>28</p> <p>Broccoli Cheddar Soup Stuffed Shells Marinara Sauce Alfredo Sauce Garlic Bread Honey Glazed Carrots Grilled Eggplant & Quinoa Salad Hummus & Pita Chips</p>	<p>29</p> <p>Zucchini Roasted Garlic Soup Fish Tacos Spanish Rice Roasted Squash Steamed Cauliflower Sun Dried Tomato Hummus Greek Salad</p>	<p>30</p> <p>Lentil Soup Meatballs in Sauce Smashed Potatoes Roasted Vegetables Corn on the Cob Broccoli & Cranberry Salad Fruit Salad</p>	<p>31</p> <p>Chinese Noodle Soup Orange Chicken Vegetable Fried Rice Ginger Garlic Green Beans Braised Cabbage Stir Fried Tofu Vegetable Salad Chinese Chicken Salad</p>	