

Monday	Tuesday	Wednesday	Thursday	Friday
1 Broccoli Cheddar Soup Stuffed Shells Marinara Sauce Roasted Vegetable Pasta Garlic Broccoli Honey Glazed Carrots Grilled Eggplant & Quinoa Salad Hummus & Pita Chips	2 French Onion Soup Veggie Chili White Rice Garlic Brussel Sprouts Steam Vegetables Bulgur Wheat & Kale Salad Roasted Garlic Hummus	3 Butternut Squash Soup BBQ Roasted Chicken Roasted Red Bliss Potatoes Roasted Cauliflower Stuffed Portobello Mushrooms Buffalo Chicken Caesar Salad Olive Tapenade Arugula Salad	4 Chicken Noddle Soup Shnitzel Couscous Moroccan Vegetable Tagine Red Beans Couscous & Cranberry Salad Fruit Salad	5 <i>Taste of Jewish Tradition</i> Israeli Bean Soup Falafel w/ Pita Mushroom Quiche Potato Latkes Israeli Salad Roasted Garlic Hummus
8 Cream Of Spinach Soup Baked Mac & Cheese Ratatouille Steamed Peas & Carrots Roasted Asparagus Israeli Couscous Salad Fennel Salad	9 Vegetable Noodle Soup Hamburgers Beef Hot Dogs Veggie Burgers Grilled Onions Baked Beans Potato Salad Roasted Vegetable Salad	10 Tortilla Soup Beef Tacos Spanish Rice Garlic String Beans Teriyaki Tofu Arugula w/ Olive Tapenade & Balsamic Dressing Southwestern Salad	11 Pasta Fagioli Soup Fish Tacos Steak Cut Fries Roasted Squash Steamed Cauliflower Sun Dried Tomato Hummus Greek Salad	12 Potato Cheddar Soup Cheese Pizza Pesto Pizza Veggie Cholet Roasted Broccoli Rabe w/ Garlic Oil Orzo salad Caesar Salad
15 Creamy Corn Soup Cheese Quesadillas Yellow Rice Chipotle Roasted Corn Roasted Vegetables Black Bean Salad Roasted Pepper Pasta Salad	16 Tomato Basil Soup Grilled Cheese Sandwich French Fries Steamed Vegetables Three Bean Veggie Chili Cucumber Salad Greek Salad	17 Split Pea Chicken Nuggets Israeli Couscous Moroccan Tagine Vegetables Roasted Pepper, Squash, & Tofu Buffalo Chicken Salad Basil Hummus	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> No Classes </div>	
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29 Minestrone Soup Cheese Tortellini Marinara Sauce Alfredo Sauce Roasted Red Pepper Pasta Roasted Vegetable Medley Steamed Asparagus Garden House Salad Spicy Tuna Salad	30 Lentil Soup Eggplant Parmesan Roasted Vegetable Quinoa Garlic String Beans Veggie & Bean Stew Strawberry Kale Salad Roasted Garlic Hummus			