

Monday	Tuesday	Wednesday	Thursday	Friday
May 2019		1 Roasted Corn Soup Chicken Fajitas Warm Tortillas Rice & Beans Garlic Green Beans Black Bean Salad Guacamole	2 Beef Barley Soup Sheppard Pie BBQ Tofu Roasted Corn on the Cob Sautéed Spinach Chicken Caesar Salad Chick Pea Salad	3 White Bean Soup Cheese Pizza White Pizza Roasted Cauliflower w/ Garlic Oil Grilled Asparagus Greek Salad Tuna Salad
6 Cream Of Broccoli Soup Baked Mac & Cheese Ratatouille Steamed Peas & Carrots Roasted Broccoli Rabe Israeli Couscous Salad Cucumber & Tomato Salad	7 Split Pea Soup Herbed Baked Tilapia Rice Pilaf Oven Roasted Corn Garlic Green Beans Sun-dried Tomato Hummus Caesar Salad	8 Lentil Soup Chicken Shawarma Israeli Couscous Black Bean Patti Corn on the Cob Southwestern Salad Pico De Gallo Guacamole	9 Courtyard BBQ Burgers Hot dogs Veggie Burgers Cole Slaw Watermelon Blue & White Cookies	10 Oatmeal/Cream of Wheat French Toast Broccoli & Cheese Frittata Scrambled Eggs Oven Roasted Potatoes Roasted Cauliflower Strawberry, Feta, & Kale Salad Tuna Salad
13 Potato Leek Soup Baked Ziti Marinara Sauce Alfredo Sauce Roasted Spaghetti Squash Steamed Vegetables Apple Pomegranate Salad Tuna Salad	14 Cream of Tomato Soup Grilled Cheese Sandwich French Fries Steamed Vegetables Three Bean Chili Caesar Salad Roasted Garlic Hummus	15 Lentil Soup Chicken Nuggets Veggie Burgers Moroccan Vegetables Yellow Rice Matbucha Salad Roasted Vegetable Salad	16 Egg Drop Soup Chicken & Broccoli White Rice Mini Egg Rolls Sautéed Chinese Broccoli Stir Fried Vegetables Ginger Chicken Salad Asian Mandarin Orange Salad	17 <i>Taste of Jewish Tradition</i> Matzah Ball Soup Shakshuka Potato Kugel Veggie Cholent Oven Baked Mini Carrots Hummus & Pita Chips Israeli Salad
20 Split Pea Soup Cheese Quesadillas Yellow Rice Chipotle Roasted Corn Roasted Vegetables Corn Black Bean Salad Roasted Pepper Pasta Salad	21 Minestrone Soup Fettuccine Alfredo Pasta Primavera Garlic Bread Roasted Garlic Green Beans Mushroom Salad Avocado Hummus	22 Black Bean Soup BBQ Roasted Chicken Rice Pilaf Roasted Cauliflower Stuffed Portobello Mushrooms Buffalo Chicken Caesar Salad Roasted Vegetable & Kale Salad	23 Courtyard BBQ Burgers Hot dogs Veggie Burgers Cole Slaw Watermelon	24 Split Pea Soup Pizza Nacho Pizza Green Beans Steamed Peas & Carrots Caesar Salad Avocado, Corn, & Hearts of Palm Salad
27	28 Butternut Squash Soup Eggplant Parmesan Roasted Vegetable Pasta Garlic Brussel Sprouts Steam Vegetables Strawberry, Feta, & Kale Salad Roasted Garlic Hummus	29 Corn Soup Meatballs w/ Marinara White Rice Sautéed Chinese Broccoli Stir Fried Vegetables Caesar Salad Asian Noodle Salad	30 Courtyard BBQ Burgers Hot dogs Veggie Burgers Cole Slaw Watermelon	31 Cream of Wheat Pancakes Scrambled Eggs Sweet Potato Hash Roasted Peppers & Squash Steamed Garlic Broccoli Sundried Tomato Salad Avocado Salad